

MODULE TITLE:	TRAUMA
DEVELOPED BY:	Zsolt Balogh, Peter Danne, Daryl Wall, Graeme Campbell, Philip Truskett (reviewed and commented by Frank Plani)
REVIEWED BY:	Alan Saunder (2010) Ian Campbell, Li Hsee, Michael Rodgers, Emma Secomb, Graham Stewart (2013). Priscilla Martin, Richard Turner (2016).
Module Rationale and Objectives	The general surgeon is an integral part of the Trauma Team. By their very nature, these patients require attention from a competent and confident practitioner. It is therefore imperation experience to be able to fulfit this role. The graduating trainee will be able to: understand the mechanisms of injury and the patterns of injury that may result from both blunt and penetrating trauma, describe common surgical pathologies that will result from trauma describe the pathophysiology of shock, acute brain injury, respiratory failure, sepsis, renal failure, multi organ failure, and burns identify appropriate treatment options, and their indications and contraindications participate in a trauma team including team leader role safely and effectively assess and resuscitate the injured patient implement the principles of EMST/ATLS, CCrISP, and DSTC effectively manage the care of patients with trauma, including multiple system trauma identify appropriately adjust the way they communicate with patients to accommodate cultural and linguistic differences work in collaboration with members of an interdisciplinary team where appropriate recognise the need for early initiation of rehabilitation effectively use resources to balance patient care and systemic demands in acute circumstances, the consenting process may require conforming to state legislation communication and collaboration with other surgical specialties clear understanding of the potential disaster, humanitarian and military responsibilities of general surgeons disaster planning epidemiology and prevention trauma quality improvement, benchmarking and audit trauma systems and resources allocation
Anatomy, Physiology, Pathology	 Trainees should have thorough knowledge of the normal embryology, anatomy, physiology, and pathology, of: head and neck spine limbs thorax abdomen pelvis
Suggested Reading	Trainees who are preparing to sit the Generic and Clinical Examinations need to refer to the recommended reading list on the RACS website at <u>www.surgeons.org</u> For the Fellowship examination, the following texts are recommended: (1) Trauma (ISBN 9780071717847), 7 th edition, by D. Feliciano, K. Mattox, and E. Moore. (2) Anatomic Exposures in Vascular Surgery (ISBN 9780781741019), 2 nd edition, by R.J. Valentine and G.G. Wind. Trainees are expected to keep abreast of the current literature, including textbooks, journal articles including the Journal of Trauma and Injury, consensus guidelines and other on-line
Learning Opportunities and Methods	Trainees will have completed the requirements of the EMST program. Participation in the EMST Refresher course will be encouraged. It is recommended that trainees participate in the Definitive Surgical Trauma Care (DSTC) Course, which is available in most regions and New Zealand. The course is available for Trai If state-based and/or local hospital courses/meetings are available, trainees are strongly advised to avail themselves of these opportunities. This also includes practising procedures or Trainees are encouraged to present their research at national and/or accredited regional training days, in order to fulfil the research requirement.
How this module will be assessed	The Generic and Clinical Examinations; Fellowship examination (written and viva voce sections); Trainee evaluation forms and logbooks; SEAM (where applicable).
Assumed Knowledge	 Trainees should have a good understanding of relevant regional surgical anatomy Understand the basic patterns of various type of trauma Resource availability in multi-system injured patients
Definitions	Operative Management - Knows:Trainees are required to be familiar with the indications, benefits and limitations of the procedure; trainees should be able to describe the relevant trainees are encouraged to at least observe and preferably assist in these procedures.Operative Management - Does:In addition to the above, trainees must be competent at performing the procedure.

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ative that during training all trainees have sufficient knowledge

ne resources.

ainees in the last two (2) years of training. on simulation equipment where applicable.

nt operative techniques involved in performing the procedure;

	MEDICAL EXPERTISE	JUDGEMI	ENT / CLINICAL DECISION	MAKING	TECHNICAL EXPERTISE	
SET LEVEL	ANATOMY PHYSIOLOGY PATHOLOGY	CLINICAL ASSESSMENT	INVESTIGATIONS	PRINCIPLES OF MANAGEMENT	OPERATIVE MANAGEMENT - KNOWS -	OPERATIVE MANAGEMENT - DOES -
Initial trauma management: Resuscitative phase - ED						
Early SET	 Recognition/ anticipation of immediately and potentially life threatening situations based on injury mechanism, anatomical location and patient physiology 	 Primary and Secondary survey according to EMST 	 Define the role of imaging and laboratory investigations 	 Implementation of EMST principles of initial management and stabilisation of major trauma patients Coordination of care with other specialties and disciplines Interaction with patients and family members: Communication/ Counselling 	 Basic airway management techniques DPL principles FAST Principles of damage control laparotomy Laparostomy 	 Vascular access Central venous access Intra osseous puncture and access Intercostal catheter Splinting of extremities Control of external haemorrhage Pelvic binding (stabilisation) Cricothyroidotomy Nasopharyngeal packing Clear cervical spine appropriately
Mid SET		Triage in multiple casualties		 Leadership of trauma team Ability to triage trauma patients presenting simultaneously Decision on transport and definitive treatment priorities Indications and initiation of massive transfusion protocol Indications of angioembolisation Principle of damage control resuscitation and surgery 	 Emergency thoracotomy 	 FAST Damage control laparotomy Laparostomy
Late SET				 Triage training Disaster management Overwhelming injury policies 	 Retroperitoneal exposure (great vessels) 	 Emergency thoracotomy
Ongoing ICU m	nanagement: Definitive care pl	hase		3 3 9 1		
Early SET	 Definition and pathophysiology of traumatic shock, ischaemia reperfusion injury, post injury SIRS, sepsis and MOF, nutrition, compartment syndromes, burn care 	 Perform Tertiary survey Ability to perform focused assessment of the organ systems based on clinical examination, vital parameters, laboratory data and the required level of organ support 	 Interpretation of daily routine chest x-ray Ability to indicate and interpret focused imaging required based on clinical assessment Interpret compartment pressure measurements and know the indications for treatment 	 Formulate a coordinated management plan based on clinical assessment Attention to prevention of common post injury complications 		Compartment pressure measurement

	MEDICAL EXPERTISE JUDGEMENT / CLINICAL DECISION MAKING		TECHNICAL	EXPERTISE		
SET LEVEL	ANATOMY PHYSIOLOGY PATHOLOGY	CLINICAL ASSESSMENT	INVESTIGATIONS	PRINCIPLES OF MANAGEMENT	OPERATIVE MANAGEMENT - KNOWS -	OPERATIVE MANAGEMENT - DOES -
Ongoing ICU n	nanagement: Definitive care	phase (continued)				
Mid SET				 Leadership role in multidisciplinary team of specialists and prioritise management based on the need of the trauma patient Understand management of SIRS and MOF Understanding the ICU principles of second day resuscitation – optimisation of haemodynamics, core rewarming, correction of coagulopathy 	Enteral feeding access	 Laparostomy (open abdomen) and its management Tracheo(s)tomy Limb fasciotomy
Late SET						 Staged abdominal closure
Daily ward ma	nagement: Definitive care ph	ase ward and rehabilitation				
Early SET		 Ability to perform daily focused assessment for the management of post injury/ postoperative patients Recognise the need for other specialty involvement Ability to perform comprehensive tertiary survey 	 Daily examinations based on the patient condition 	 Comprehensive discharge planning including rehabilitation and follow up Attention to prevention of common post-injury complications Recognition of minor injuries resulting in significant impairment if left untreated 		 Principles of wound/drain care
Mid SET				 Coordinate multi-disciplinary treating team Nutritional management post-injury 		 Tracheo(s)tomy care
Skin/Soft Tiss	ues					
Early SET	 Wound healing Pathophysiology of necrosis/ischaemia Pathophysiology of burns 	 Assessment and description of wounds Body cavity penetration Distal neuro-vascular assessment Viability assessment of soft tissues Burn assessment Fluid resuscitation in severe burn patients Inhalation injuries 	 Relevant investigations for foreign bodies and body cavity penetration; See also abdomen, chest Investigation for injury to deeper neurovascular, aerodigestive, bone and joint structures 	 Management priorities of acute traumatic wounds depending on mechanism, location and contamination Initial management principles of severe burns Anticipation and recognition of wound complications 	 Surgical airway 	 Wound exploration Wound debridement Foreign body removal (use of image intensifier) Wound closure or open management based on the nature of the soft tissue injury Split skin grafting VACC therapy applications and limitations

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SET LEVEL	ANATOMY PHYSIOLOGY PATHOLOGY	CLINICAL ASSESSMENT	INVESTIGATIONS	PRINCIPLES OF MANAGEMENT	OPEI MANA - KN	
Skin/Soft Tiss	ues (continued)					
Mid SET				 Advanced soft tissue management decisions: identifying the need for specialist involvement Wound management in specific areas 	 Wound mana specific area 	
Blast injuries						
Early SET	 Understanding the unique patterns of blast trauma Pathophysiology of blast injury 	 Assessment and description of wounds Identify life threatening injuries Initiate initial resuscitation Assess tetanus immunization status Identify possible exposures to toxins, chemicals or radiological 	 Relevant investigations for barotrauma, penetrating, blunt and burn injuries 			
Mid SET		 Mass casualty triaging Resource allocations Co-ordinate multidisciplinary team efforts 		 As per initial resuscitation phase and identify life threatening injuries Management of contaminated wounds Management of severe burns Air embolism 	 Attend to life injuries 	
Head/Brain						
Early SET	 The relevant anatomy and physiology of the CNS The pathophysiology of increased intracranial pressure 	 Detailed neurological assessment and documentation of trauma patients The recognition of typical presentations Recognition of concussion syndrome 	 Basic Indications and interpretation of neurotrauma imaging Cognitive function assessment for management of head injury 	 The initial management of potential head injured patient The recognition of raised ICP and monitoring of this Priorities and timeframes of intervention Recognition the need of specialist involvement 	 Extra dural o 	
Mid SET				 Decision making about priorities of head injury in polytrauma scenario Ongoing management principles of brain injury 	 Control of se facial bleedir 	
Late SET					 For rural pra and craniecter 	

TECHNICAL EXPERTISE RATIVE **OPERATIVE** GEMENT MANAGEMENT NOWS -- DOES agement in Escharotomy as Local flap coverage Lavage and debride contaminated wounds Intercostal catheters Surgical airway e threatening Thoracotomy Emergency laparotomy Haemorrhage control Escharotomy in burns Control of severe bleeding drainage from scalp lacerations Nasal packing evere maxilla- Definitive wound management of head/face/orbit wounds ng

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	MEDICAL EXPERTISE	JUDGEMENT / CLINICAL DECISION MAKING			TECHNICAL EXPERTISE	
SET LEVEL	ANATOMY PHYSIOLOGY PATHOLOGY	CLINICAL ASSESSMENT	INVESTIGATIONS	PRINCIPLES OF MANAGEMENT	OPERATIVE MANAGEMENT - KNOWS -	OPERATIVE MANAGEMENT - DOES -
Face/Neck						
Early SET	 Anatomy regions of the neck Describe Zones I, II and III of the neck 	 Clinical assessment of the face Recognition of signs of vascular, airway, nerve, pharyngeal/ oesophageal injury 	 Indication and interpretation of x-ray, CT, angiography, endoscopy, contrast studies depending the zone of injury and patient condition 	 The indications for surgical exploration Involvement of other subspecialty surgeons Blunt cerebrovascular injury 	 Surgical airway 	
Mid SET				 Selective management strategy based on the zone of injury Principles of angioembolisation Level I Level II Principles of: tracheoscopy pharyngoscopy oesophagoscopy bronchoscopy 	 Access and vascular control in Zone I and III Repair of carotid injury Repair of oesophageal injury Surgical exploration of Zone II 	 Surgical airway
Spine						
Early SET	 Anatomy and physiology of spine and spinal cord Pathophysiology of primary and secondary cord injury Common spine injury patterns 	 Ability to perform safe log-roll and immobilization Maintenance of spinal precautions Detailed peripheral neurological exam, level determination and documentation 	 The need and priorities for imaging depending on the patient condition The advantages and limitations of imaging tests Recognition of "unstable" spinal fracture 	 The ability to 'clear the spine' safely in straightforward scenarios 		 Application of spine immobilisation devices
Mid SET				 Decision on transfer and the management priorities of spine injuries in polytrauma scenario 	 Application of tongs 	
Chest						
Early SET	 Anatomy and Physiology of thoracic wall and thoracic organs The pathophysiology of immediately and potentially life threatening conditions in the chest 	 Focused clinical examination of the chest/torso for a blunt and penetrating trauma patient 	 Interpretation of chest x-ray (recognition of life threatening conditions) Indication for further imaging Clear understanding of penetrating chest trauma workup 	 Recognising the need for urgent lifesaving interventions (decompression, chest tube insertion), indicating the need for thoracotomy Involving cardiothoracic surgery as required 	 ED resuscitative thoracotomy 	 Chest tube insertion

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Chest (continu	ied)					
Mid SET				 Prioritisation of chest injuries in polytrauma scenario Decision on advanced imaging, timing of aortic tear management Selective management of penetrating chest trauma Management of blunt thoracic aortic rupture Tracheobronchial injury Pulmonary contusion Management of retained haemothorax 	 Diaphragmat the abdomen Pericardial w peritoneal vs peritoneal) Diaphragmat chest 	
Late SET					 Vascular conf Periclavicular the thoracic of Repair simple Thoracoscopy VATS 	
Abdomen						
Early SET	 Up to date knowledge of penetrating and blunt abdominal trauma mechanism, injury probabilities Relevant trauma surgical anatomy of abdominal organs Physiology and pathophysiology of abdominal organs Abdominal organ injury scaling (AAST) 	 Abdominal/torso assessment in blunt and penetrating trauma Interpretation of clinical signs in the context of abdominal trauma and other injuries (urgency, importance) 	 Indication and interpretation of FAST, plain abdominal x-ray and CT scan Contrast and endoscopic studies Up to date knowledge of each tests sensitivity specificity and operator dependency 	 Indications and timing of trauma laparotomy Decision making in isolated blunt and penetrating abdominal trauma Indications and limitations of local wound exploration and laparoscopy in penetrating trauma 		

TECHNICAL	TECHNICAL EXPERTISE							
RATIVE GEMENT NOWS -	OPERATIVE MANAGEMENT - DOES -							
tic repair from n vindow (extra- s. intra- tic repair from								
ntrol in the chest r approaches for outlet e cardiac wounds by, thoracotomy	 Diaphragmatic repair from the abdomen 							

 Local wound exploration

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SET LEVEL	ANATOMY PHYSIOLOGY PATHOLOGY	CLINICAL ASSESSMENT	INVESTIGATIONS	PRINCIPLES OF MANAGEMENT	OPERATIVE MANAGEMENT - KNOWS -	OPERATIVE MANAGEMENT - DOES -
Abdomen (con	tinued)					
Mid SET				 Indications for selective and non-operative management Priorities of abdominal injuries in polytrauma patients "Damage control" principles Sound knowledge of which organs can be resected and in what extent, which arteries and veins can be ligated at what level without and with (specifically what) consequences Role of embolisation 	 Exploration of the retroperitoneum – left and right medial visceral rotation manoeuvers Control of major vessels 	 Damage control laparotomy Temporary abdominal closure Trauma laparoscopy Control of the environment, preparation and execution Systematic approach Haemorrhage and contamination control Anatomical liver packing Pringle manoeuvre Splenectomy Repair resection hollow viscus injury
Late SET					 Major abdominal vascular repair Vascular isolation of the liver Splenic and kidney salvage techniques Exploration of the retroperitoneum – left and right medial visceral rotation manoeuvers 	
Pelvis						
Early SET	 Knowledge of relevant pelvic musculo-skeletal and visceral anatomy and physiology Basic classification of pelvic fractures 	 Pelvic examination, leg length, springing, deformity, perineal examination, rectal examination Neuro-vascular assessment 	 Pelvic x-ray interpretation Pelvic CT interpretation (injury to the posterior and anterior ring, contrast blush, pelvic organ injuries) Indications and interpretation of urethrogram, cystogram and pelvic angiography 	 Recognition and initiation of the management of haemodynamically unstable pelvic fracture patients The role of abdominal clearance, pelvic binding, packing, external and internal fixation and angiography 		 Application of pelvic binder
Mid SET				 Decision making on the need and priorities of techniques at the basic column (left) Priorities in associated abdominal injuries and polytrauma Open pelvic fracture management Role of temporary pelvic fixation Urethrogram 	 Pre-peritoneal packing for 	Trauma laparotomy Pelvic packing
Late SET					 Pre-peritorieal packing for pelvic traumas 	

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SET LEVEL	ANATOMY PHYSIOLOGY PATHOLOGY	CLINICAL ASSESSMENT	INVESTIGATIONS	PRINCIPLES OF MANAGEMENT	OPERATIVE MANAGEMENT - KNOWS -	OPERATIVE MANAGEMENT - DOES -
Extremities						
Early SET	 Relevant anatomy of extremities The pathophysiology of limb threatening injuries Grading of open fractures 	 Basic trauma focused musculo-skeletal assessment including the neurovascular status Recognition of hard and soft signs of vascular injuries Ankle-brachial Index 	 The indication, timing and interpretation of skeletal radiology 	 Initiation of the management of limb threatening injuries Tetanus and antibiotic prophylaxis Early involvement other specialties 		 Realignment Splinting Washout and debridement of open wounds Compartment pressure measurement
Mid SET				 Decision making of viability of limbs in conjunction with other relevant specialties The priorities of damage control or definitive management of extremity injuries in polytrauma scenarios Tourniquet 	 Vascular exploration and control on extremities 	AmputationsFasciotomy